

MA CHAMPIONSHIP RECORDS as at 3 May 2011

* indicates 2010 changes

AGE	N A M E	STATE	TIME	YEAR	AGE	NAME
	60 METRES		MEN			60 METRES
M30	**ROBERT VIDLER	VIC	6.96s	2011	* W30	**FIONA CULLEN
M35	**LEIGH PHELAN	VIC	7.25s	2011	W35	RANELL HOBSON
M40	KRIS WARDECKI	NSW	7.39s	2011	W40	**GIANNA MOGENTALE
M45	DARREN HUGHES	NSW	7.57s	2009	* W45	**JULIE BRIMS
M50	LEO KENNEDY	ACT	7.71s	2008	* W50	**MARIE KAY
M55	GARRY RALSTON	WA	7.85s	2011	W55	LYNNE CHOATE
M60	KEITH HOWDEN	VIC	8.13s	2009	* W60	WENDY SHEAVES-DORAN
M65	**ROB MCDONALD	QLD	8.10s	2010	W65	**PEGGY MACLIVER
M70	**GLEN WILSON	QLD	8.41s	2011	W70	ANNETTE HORSNELL
M75	**HUGH COOGAN	QLD	8.92s	2011	W75	ANN COOPER
M80	LEO COFFEY	VIC	9.83s	2011	W80	**GWENDOLIN GLEESON
M85	JAMES SINCLAIR	VIC	11.04s	2011		
	100 METRES					100 METRES
M30	ROBERT VIDLER	VIC	11.05s	2011	W30	LORRAINE GRAINGER
M35	JOHN DUBLEWICZ	NSW	10.9s	1991	W35	D. IRWIN
M40	REG AUSTIN	NSW	11.12s	1981	W40	GIANNA MOGENTALE
M45	HAL THOMAS	SA	11.56s	1981	* W45	JULIE BRIMS
M50	**LLOYD SNELLING	SA	11.56s	1981	* W50	**JULIE FORSTER
M55	HAL THOMAS	SA	11.63s	1992	W55	LYNNE CHOATE
M60	**BERNIE HOGAN	QLD	12.15s	1981	W60	**ANN COOPER
M65	JOHN COOPER	QLD	12.68s	2006	W65	DAPHNE PIRIE
M70	HUGH COOGAN	QLD	13.37s	2006	W70	ANNETTE HORSNELL
M75	**HUGH COOGAN	QLD	14.19s	2011	W75	**ANN COOPER
M80	**LEO COFFEY	VIC	15.27s	2011	W80	RUTH FRITH
M85	JAMES SINCLAIR	VIC	17.68s	2011	W85	MARGARET PROWSE
M90	BILL EMPEY	NSW	24.1s	1986		
	200 METRES					200 METRES
M30	**MARK ROSENBERG	NSW	22.13s	1994	W30	MELISSA MEDLICOTT
M35	KEVIN SILVER	QLD	22.29s	1987	W35	MELISSA MEDLICOTT
M40	BRENDON WILSON	SA	22.54s	1983	W40	JULIE BRIMS
M45	REG AUSTIN	NSW	22.6s	1984	* W45	**JULIE BRIMS
M50	**REG AUSTIN	NSW	23.1s	1987	W50	**MARGE ALLISON
M55	REG AUSTIN	NSW	24.26	1994	W55	WENDY SHEAVES DORAN
M60	REG AUSTIN	NSW	24.93s	1999	W60	**ANN COOPER
M65	JOHN COOPER	QLD	26.17s	2004	* W65	**MARGE ALLISON
M70	HUGH COOGAN	QLD	27.46s	2006	W70	ANN COOPER
M75	**HUGH COOGAN	QLD	28.83s	2011	W75	ANN COOPER
M80	**MIKE JOHNSTON	VIC	31.82s	2002	W80	SHIRLEY BRASHER
M85	HARRY GATHERCOLE	QLD	36.78	1993	W85	MARGARET PROWSE
M90	ALEX PITTENDRICH	QLD	46.24	1998		
	400 METRES					400 METRES
M30	**MARK ROSENBERG	NSW	48.35s	1994	W30	**GLENDA DOUGLASS
M35	ROBERT MCCUBBIN	VIC	49.46s	2002	W35	MARIE KAY
M40	**ROBERT MCCUBBIN	VIC	49.33s	2004	W40	JUDY POLLOCK
M45	S. HAYWOOD	NSW	52.6s	1993	W45	BARBARA BLURTON
M50	LLOYD SNELLING	SA	52.5s	1981	W50	MARGE ALLISON
M55	STUART HAYWARD	NSW	55.11s	2005	W55	BARBARA BLURTON
M60	**PETER CROMBIE	NSW	56.85s	2005	W60	MARGE ALLISON
M65	COLIN BUYERS	QLD	59.85s	2009	* W65	MARGE ALLISON
M70	HUGH COOGAN	QLD	62.17s	2006	W70	MIRIAM CUDMORE
M75	HUGH COOGAN	QLD	66.91s	2011	W75	HELEN AGOSTINI
M80	**MIKE JOHNSTON	VIC	72.85s	2002	W80	**SHIRLEY BRASHER
M85	HARRY GATHERCOLE	QLD	93.5s	1993	W85	**MARGARET PROWSE
M90	ALEX PITTENDRICH	QLD	1m 57.78s	1997		
	800 METRES					800 METRES
M30	**PAUL SCHNYDER	VIC	1m 55.40s	1997	W30	DEBBIE LANGE
M35	PETER TIPPET	SA	1m 54.8s	1986	W35	ANNE HOLCOMBE
M40	ROBERT MCCUBBIN	VIC	1m 55.88s	2004	W40	**SUZY COLE
M45	KEITH WHEELER	WA	2m 00.0s	1989	W45	BARBARA BLURTON
M45	ROBERT SCHWERKOLT	VIC	2m 00.00s	2011	W50	JENNY FLYNN
M50	TOM ROBERTS	VIC	2m 00.7s	1984	W55	BARBARA BLURTON
M55	PAUL CRITCHLEY	NSW	2m 06.55s	1998	W60	JAN MORREY
M60	DAVID CARR	WA	2m 16.28s	1993	W65	ANNE STOBAUS
M65	ALAN BRADFORD	QLD	2m 22.15s	2004	W70	**SHIRLEY BRASHER
M70	DAVID CARR	WA	2m 29.64s	2004	W75	HELEN AGOSTINI
M75	DAVID CARR	WA	2m 38.5s	2009	W80	SHIRLEY BRASHER
M80	MIKE JOHNSTON	VIC	3m 10.00s	2002	W85	**MARGARET PROWSE
M85	KEN MATCHETT	VIC	4m 23.94s	2007		
M90	**ALEX PITTENDRICH	QLD	4m 28.2s	1997		
	1500 METRES					1500 METRES

M30	BRENDAN GRAY	QLD	4m 06.17s	2004	W30	T. BELL
M35	ALBIE THOMAS	NSW	3m 58.5s	1974	W35	MARCIA SHEER
M40	**ALBIE THOMAS	NSW	3m 55.4s	1975	W40	**DOT BROWNE
M45	**KEITH WHEELER	WA	4m 02.1s	1989	W45	DOT BROWNE
M50	RON YOUNG	VIC	4m 20.95s	1981	W50	JENNY FLYNN
M55	JACK RYAN	VIC	4m 27.2s	1982	W55	JEAN ALBURY
M60	BERT CARSE	WA	4m 40.11s	2002	W60	JEAN ALBURY
M65	DONALD MATHEWSON	NSW	4m 51.60s	2011 *	W65	LAVINIA PETRIE
M70	JOHN GILMOUR	WA	5m 10.2s	1991 *	W70	**LORRAINE LOPES
M75	RANDALL HUGHES	VIC	5m 32.09s	1999	W75	HELEN AGOSTINI
M80	**BOB LEWIS	VIC	6m 34.57s	2008	W80	**SHIRLEY BRASHER
M85	KEN MATCHETT	VIC	8m 51.48s	2007		
M90	ALEX PITTENDRICH	QLD	11m 04.39s	1998		
	5000 METRES					5000 METRES
M30	PAUL WILSON	VIC	15m 08.60s	2002	W30	BILLINDA SCHIPP
M35	**GARY HAND	ACT	14m 36.8s	1985	W35	MARCIA SHEER
M40	ALBIE THOMAS	NSW	14m 50.8s	1975	W40	GLENDA BANAGHAN
M45	DAVE POWER	NSW	15m 33.6s	1975	W45	**DOT BROWNE
M50	JIM LANGFORD	WA	16m 02.7s	1996	W50	**BRONWEN CARDY
M55	JOHN GILMOUR	WA	16m 28.3s	1975	W55	BRONWEN CARDY
M60	JOHN GILMOUR	WA	16m 38.3s	1982	W60	LAVINIA PETRIE
M65	JOHN GILMOUR	WA	17m 44.4s	1986	W65	LAVINIA PETRIE
M70	JOHN GILMOUR	WA	18m 47.0s	1990	W70	**SHIRLEY YOUNG
M75	**RANDALL HUGHES	VIC	20m 18.04s	1999	W75	**SHIRLEY YOUNG
M80	BILL BURRIDGE	NSW	24m 39.08s	2006		
M85	**PETER BROWNBILL	VIC	29m 24.79s	2004		
	10,000 METRES					10,000 METRES
M30	PAUL WILSON	VIC	31m 50.16s	2002	W30	**BILLINDA SCHIPP
M35	**ERIC COYLE	TAS	29m 58.6s	1985	W35	DESIREE LETHERBY
M40	STEVE AUSTIN	VIC	30m 23.18s	1992	W40	DOT BROWNE
M45	DAVE POWER	NSW	32m 10s	1974	W45	**BRONWEN CARDY
M50	ALAN BRADFORD	QLD	33m 25.8s	1991	W50	THERESIA BAIRD
M55	JOHN GILMOUR	WA	34m 19s	1976	W55	**BRONWEN CARDY
M60	JOHN GILMOUR	WA	35m 10s	1980	W60	LAVINIA PETRIE
M65	PETER SANDERY	SA	37m 40.41	2007	W65	LAVINIA PETRIE
M70	JOHN GILMOUR	WA	39m 49s	1990	W70	**SHIRLEY YOUNG
M75	**RANDALL HUGHES	VIC	43m 05.41s	2000	W75	SHIRLEY YOUNG
M80	**BILL BURRIDGE	NSW	50m 23.45s	2006		
M85	**KEN MATCHETT	VIC	60m 52.92s	2007		
	MARATHON					MARATHON
M30	STEVE EVANS	?	2h 27m 25s	1995	W30	CAROL EY
M35	GARRY HAND	ACT	2h 23m 38s	1985	W35	SUSAN HOBSON
M40	**GARRY HAND	ACT	2h 19m 00s	1987	W40	JOANNE COWAN
M45	BILL RAIMOND	NSW	2h 29m 07s	1982	W45	BEV LUCAS
M50	TONY LARKUM	NSW	2h 36m 30s	1991	W50	BEV LUCAS
M55	JOHN GILMOUR	WA	2h 40m 56s	1978	W55	JANET UPCHER
M60	COLIN MCLEOD	QLD	2h 47m 22s	1999	W60	MARIE O'DONOVAN
M65	**COLIN MCLEOD	QLD	2h 54m 41s	2003	W65	CAROLINE CAMPBELL
M70	COLIN MCLEOD	QLD	3h 04m 07s	2006	W70	NORMA WALLETT
M75	RANDALL HUGHES	VIC	3h 40m 47s	1999	W75	NORMA WALLETT
M80	KEN MATCHETT	VIC	5h 17m 41s	2003		
M85	KEN MATCHETT	VIC	5h 25m 19s	2007		
	3000 METRES STEEPLECHASE					2 km STEEPLECHASE
M30	BRENDAN GRAY	QLD	10m 05.24s	2004	W30	MARY FIEN
M35	JEFF BRODERICK	VIC	9m 13s	1991	W35	MARY FIEN
M40	DOUG WORLING	QLD	9m 31.6s	1975	W40	ELAINE COOPER
M45	DOUG WORLING	QLD	9m 50.66s	1981	W45	ANTOINETTE SHAW
M50	ALAN BRADFORD	QLD	10m 15.1s	1991	W50	JANUS WRIGHT
M55	ALAN BRADFORD	QLD	10m 29.16s	1994	W55	**ANTOINETTE SHAW
	2 km STEEPLECHASE		new height	30"	W60	HEATHER CARR
M60	ALAN BRADFORD	QLD	7m 05.51s	1999 *	W65	**ANNE LANG
M65	ALAN BRADFORD	QLD	7m 28.46s	2004	W70	**SHIRLEY BRASHER
M70	**ALAN BRADFORD	QLD	8m 20.95s	2009		
M75	**DAVID CARR	WA	8m 56.59s	2008		
M80	EDDIE GAMBLE	VIC	12m 25.0s	1997		
M85	**KEN MATCHETT	VIC	13m 23.05s	2007		
	110 METRES HURDLES .991m/3'3"					100 METRES HURDLES
M30	TERRY BALDWIN	VIC	15.78s	1994	W30	EILEEN HINDLE
M35	**TERRY BALDWIN	VIC	15.10s	1998	W35	EILEEN HINDLE
M40	CONRAD BURGE	ACT	15.5s	1991		80 METRES HURDLES
M45	**HARRY GILES	QLD	15.5s	1990	W40	EILEEN HINDLE
	100 METRES HURDLES .914m/3'				W45	MARIE KAY
M50	MICK STEVENSON	TAS	15.2s	1991 *	W50	**SALLY STAGLES

M55	**HARRY GILES	QLD	15.42s	1994	W55	BRENDA PARKINSON
	100 METRES HURDLES .840m/2'9"				W55	80 METRES HURDLES
M60	HARRY GILES	QLD	16.68s	2005 *	W60	MARGARET TAYLOR
M65	MICK STEVENSON	TAS	16.95s	2007	W65	JUDITH KNIGHT
	80 METRES HURDLES .762m/2'6"				W70	ANNA ZEITZEN-VANDEBURG
M70	**MICK STEVENSON	TAS	14.13s	2011		
M75	**FRED O'CONNOR	NSW	15.78s	1999		
M80	**FRED O'CONNOR	NSW	18.64s	2005		
M85	STAN STANKOVIC	VIC	34.62s	2008		
	400 METRES HURDLES .914m/3'					400 METRES HURDLES
M30	STEPHEN RAE	TAS	55.72s	2011	W30	**GLENDA DOUGLASS
M35	HARRYGILES	QLD	56.09s	1981	W35	JULIE BRIMS
M40	HARRYGILES	QLD	56.73s	1988	W40	STACEY QUITZAU
M45	HARRYGILES	QLD	58.8s	1990	W45	**JAN HYNES
	JOHN MOLLOY	WA	58.8s	1996		300 METRES HURDLES
	400 METRES HURDLES .840m/2'9"			*	W50	MICHELE HOSSACK
M50	HARRY GILES	QLD	62.14s	1994	W55	SUSAN HANEK
M55	**RICHARD TREMBATH	VIC	62.60s	1999		300 METRES HURDLES
	300 METRES HURDLES .762m/2'6"				W60	MARGE ALLISON
M60	RICHARD TREMBATH	VIC	45.24s	2003	W65	**FRANCES HARRIS
M65	FRED O'CONNOR	NSW	50.7s	1990		
	300 METRES HURDLES .686m/2'3" from 2000					
M70	FRED O'CONNOR	NSW	53.51s	1994		
M75	JACK THACKRAY	ACT	59.68s	2007		
M80	**FRED O'CONNOR	NSW	66.33s	2004		
	300 METRES HURDLES .686m/2'3"					
M80	RAD LEOVIC	ACT	63.25s	2011		
	1500m TRACK WALK					1500m TRACK WALK
M30	PAUL CROTHERS	QLD	11m 26.83s	2011	W30	JUSTIJANA ROSEMAN
M35	unclaimed				W35	KYLIE IRSHAD
M40	JAMES SEID-CHRISTMASS	VIC	6m 32.56s	2011 *	W40	LYNETTE SMITH
M45	GARRY HASTIE	WA	6m 35.60s	2011 *	W45	ANN STAUNTON-JUGOVIC
M50	MARK DONAHO	VIC	6m 41.86s	2011	W50	PAM TINDAL
M55	PETER BENNETT	QLD	6m 48.21s	2011 *	W55	BARBARA BRYANT
M60	ANDREW JAMIESON	VIC	7m 14.91s	2011	W60	HEATHER CARR
M65	RUSSELL DICKENSON	VIC	7m 37.19s	2011	W65	GWEN STEED
M70	TONY JOHNSON	VIC	8m 45.13s	2011 *	W70	MARGARET BEAUMONT
M75	OSMO MILLRIDGE	NSW	10m 04.16s	2011	W75	SYLVIA BYERS
M80	COLIN HAINSWORTH	SA	10m 12.73s	2010 *	W80	CHRISTIANE DAUPHINET
M85	DICK KEATINGE	QLD	12m 23.29s	2011		
M90	**PETER KENNEDY	WA	16m 11.60s			
	5km TRACK WALK					5km TRACK WALK
M 30	IGNACIO JIMENEZ	QLD	22m 55.1s	1995	W30	MIRIAM HARDING
M 35	DAVID SMITH	QLD	20m 43.8s	1995	W35	LISA PAOLINI
M 40	DAVID SMITH	QLD	21m 26.18s	1998	W40	LYN VENTRIS
M 45	JOHN SMITH	NSW	22m 32s	1984	W45	LYN VENTRIS
M 50	ANDREW JAMIESON	VIC	23m 15.65s	1999	W50	**LYN VENTRIS
M 55	BOB GARDINER	VIC	23m 40.1s	1991	W55	HEATHER CARR
M 60	ANDREW JAMIESON	VIC	23m 40.81s	2009	W60	**HEATHER CARR
M 65	THEO ORR	VIC	25m 47.04s	1987	W65	BRENDA RILEY
M 70	**TOM DAINTRY	VIC	27m 01.8s	1982	W70	**JEAN ALBURY
M 75	TOM DAINTRY	VIC	28m 43.86s	1987	W75	JEAN ALBURY
M 80	TOM DAINTRY	VIC	30m 42.80s	1992	W80	NANCE JEFFREYS
M 85	**GUS THEOBALD	VIC	33m 14.2s	1982 *	W80	CHRISTIANE DAUPHINET
M 90	**GUS THEOBALD	VIC	35m 10s	1987		
	10km ROAD WALK (Best times, not records)					10 KM ROAD WALK (Best times, not records)
M30	ADAM PATTERSON	VIC	1h 07m 06s	2007	W30	LORRAINE JACHNO
M35	unclaimed				W35	LISA PAOLINI
M40	ROB MCFADDEN	SA	53m 17s	2007	W40	**LYN VENTRIS
M45	IGNACIO JIMENEZ	QLD	49m 27s	2011	W45	LYN VENTRIS
M50	MARK DONAHO	VIC	50m 38.3s	2010	W50	**LYN VENTRIS
M55	COLIN HEYWOOD	ACT	50m 17s	2011	W55	HEATHER CARR
M60	ANDREW JAMIESON	VIC	50m 02s	2011	W60	**HEATHER CARR
M65	RUSSELL DICKENSON	VIC	57m 05s	2011	W65	BRENDA RILEY
M70	MURRAY DICKINSON	VIC	59m 34s	2009	W70	**JEAN ALBURY
M75	RICHARD LYNCH	QLD	1h 05m 41s	2004	W75	LORNA THOMPSON
M80	RICHARD KEATINGE	QLD	1h 11m 10.5s	2003		CHRISTIANE DAUPHINET
M85	RICHARD KEATINGE	QLD	1h 20m 12s	2009	W80	NANCE JEFFREYS
	20km ROAD WALK (Best times, not records)					20km ROAD WALK (Best times, not records)
M30	RICHARD EVERSON	SA	1h 42m 44s	1998		unclaimed
M35	CHRIS LOCKWOOD	NSW	1h 37m 03s	2001		unclaimed
M40	GEORGE WHITE	VIC	1h 37m 53s	1990	W40	ANNETTE MAJOR
M45	JOHN SMITH	NSW	1h 37m 16s	1984		unclaimed

M50	ANDREW JAMIESON	VIC	1h 38m 58s	1997	W50	BARBARA BRYANT
M55	ANDREW JAMIESON	VIC	1h 39m 44s	2006		unclaimed
M60	ANDREW JAMIESON	VIC	1h 38m 18s	2007		unclaimed
M65	MURRAY DICKINSON	VIC	1h 56m 09s	2004	W65	JOAN PURCELL
M70	**TOM DAINTRY	VIC	2h 00m 16.1s	1985	W70	MARGARET BEAUMONT
M75	TOM DAINTRY	VIC	2h 06m 40s	1987		
M80	A. WARBURTON	VIC	2h 58m 57s	1988		
M85	GUS THEOBALD	VIC	2h 28m 24s	1983		
M90	**GUS THEOBALD	VIC	2h 34m 01s	1987		
	HIGH JUMP					HIGH JUMP
M30	TERRY BALDWIN	VIC	1.90m	1994	W30	**LYNETTE SMITH
M35	CLAYTON TOMPKINS	NSW	1.85m	1988	W35	LYNETTE SMITH
M40	**GRAEME MORRISH	VIC	1.95m	1982	W40	DEANN MAYFIELD
M45	BEN DICKSON	QLD	1.78m	2011	W45	MARGARET TAYLOR
M50	JOHN HUNT	ACT	1.74m	1992 *		DEANN MAYFIELD
M55	JOHN HUNT	ACT	1.68m	1997	W50	**MARIE KAY
	CLAYTON TOMPKINS	NSW	1.68m	2008	W55	**MARGARET TAYLOR
M60	TOM HANCOCK	VIC	1.52m	1997	W60	MARGARET TAYLOR
M65	GORDON GOURLAY	VIC	1.43m	1994	W65	GWEN DAVIDSON
M70	**ALAN ROLFE	QLD	1.41m	1999	W70	**GWEN DAVIDSON
M75	**GORDON GOURLAY	VIC	1.33m	2005	W75	GWEN DAVIDSON
M80	VIC YOUNGER	QLD	1.17m	1994		
M85	VIC YOUNGER	QLD	1.05m	1998		
M90	**VIC YOUNGER	VIC	0.95m	2004		
	LONG JUMP					LONG JUMP
M30	TERRY BALDWIN	VIC	6.46m	1994	W30	EILEN HINDLE
M35	CLAYTON TOMPKINS	NSW	6.73m	1986	W35	EILEN HINDLE
M40	RUSSELL SARAH	VIC	6.57m	1986	W40	HELEN SEARLE
M45	P. VALLANCE	NSW	6.26m	1991	W45	MARIE KAY
M50	GRAHAM TAYLOR	ACT	5.76m	1997	W50	**MARIE KAY
M55	DON FRASER	ACT	5.69m	1994	W55	**MARGARET TAYLOR
M60	DON FRASER	ACT	5.27m	1999 *	W60	MARGARET TAYLOR
M65	GRAEME NODEN	VIC	5.01m	2003	W65	PAT CARR
M70	DAVID CLIVE	WA	4.57m	2009	W70	PAT CARR
M75	**FRED O'CONNOR	NSW	4.12m	1999	W75	PAT CARR
M80	**FRED O'CONNOR	NSW	3.60m	2004	W80	RUTH FRITH
M85	MAURICE DAUPHINET	QLD	2.98m	2011		
M90	ALEX PITTENDRICH	QLD	2.14m	1998		
	TRIPLE JUMP					TRIPLE JUMP
M30	ROGER GROPPPI	VIC	13.10m	1997	W30	**MAREE BUJEJA
M35	CLAYTON TOMPKINS	NSW	14.19m	1988	W35	EILEEN HINDLE
M40	DEREK BOOSEY	QLD	14.01m	1987	W40	JULIE BRIMS
M45	GRAEME ANNAND	VIC	12.53m	1983	W45	MARGARET TAYLOR
M50	MURRAY TOLBERT	WA	12.12m	1996	W50	MARGARET TAYLOR
M55	KEN McCONNELL	TAS	12.19m	1980	W55	**MARGARET TAYLOR
	CLAYTON TOMPKINS	NSW	12.19m	2010 *	W60	MARGARET TAYLOR
M60	KEN McCONNELL	TAS	11.19m	1986	W65	GWEN DAVIDSON
M65	KEN McCONNELL	TAS	10.58m	1990	W70	PAT CARR
M70	**FRED O'CONNOR	NSW	9.85m	1994	W75	GWEN DAVIDSON
M75	FRED O'CONNOR	NSW	8.92m	2000	W80	RUTH FRITH
M80	**FRED O'CONNOR	NSW	8.23m	2004		
M85	VIC YOUNGER	QLD	5.87m	1998		
M90	ALEX PITTENDRICH	QLD	5.50m	1998		
	POLE VAULT					POLE VAULT
M30	WARREN EVANS	QLD	3.65m	2005	W30	MONTSE ROS
M35	WAYNE GARTH	VIC	4.05m	1988	W35	IRIE HILL
M40	HOWARD ARBUTHNOT	QLD	4.20m	2011	W40	IRIE HILL
M45	BRUCE ARNOLD	QLD	3.70m	2000	W45	DAWN HARTIGAN
M50	BRUCE ARNOLD	QLD	3.65m	2005	W50	DAWN HARTIGAN
M55	GARVIN BROWN	QLD	3.20m	1986	W55	**WILMA PERKINS
	JIM POULTER	VIC	3.20m	1997	W60	**WILMA PERKINS
M60	KEN PRIESTLEY	VIC	3.20m	1999	W65	VAL CHESTERTON
M65	ROB BARCLAY	VIC	3.10m	2004		
M70	GARVIN BROWN	QLD	2.80m	2001		
M75	FRED O'CONNOR	NSW	1.88m	2001		
M 80	**FRED O'CONNOR	NSW	1.90m	2004		
M 85	VIC YOUNGER	QLD	1.50m	1999		
	DISCUS THROW					DISCUS THROW
M30	YOHAN AMERASEKERA	VIC	44.65m	2004	W30	CHRIS SCHULTZ
M35	STUART GYNGELL	NSW	48.71m	2003	W35	CHRIS SCHULTZ
M40	DARRON HAWORTH	QLD	50.65m	2011	W40	CHRIS SCHULTZ
M45	STUART GYNGELL	NSW	45.95m	2009	W45	CHRIS SCHULTZ
M50	ATTILLA SPAITS	ACT	44.60m	1992	W50	ISABELLE DENEFFE

M55	WARWICK SELVEY	QLD	44.38m	1996	W55	CHRIS SCHULTZ
M60	RAY GREEN	ACT	49.66m	2005	W60	HEATHER DOHERTY
M65	WARWICK SELVEY	QLD	45.76m	2005	W65	**HEATHER DOHERTY
M70	TOM HANCOCK	VIC	38.92m	2011	W70	HEATHER DOHERTY
M75	ROY FOLEY	VIC	35.50m	1992	W75	HEATHER DOHERTY
M80	**SYDNEY COLEMAN	WA	29.56m	1996		GWEN DAVIDSON
M85	**FELIKS JEKABSONS	QLD	25.28m	2008	W80	GWEN DAVIDSON
M90	VIC YOUNGER	VIC	11.64m	2004		RAEMA MCMILLAN
					W85	RUTH FRITH
					W90	**RUTH FRITH
					W95	RUTH FRITH
					W100	RUTH FRITH
	SHOT PUT		#M80+ 3kg from 2005			SHOT PUT
M30	YOHAN AMERASEKERA	VIC	13.87m	2004	W30	CHRIS SCHULTZ
M35	STUART GYNGELL	NSW	17.78m	2003	W35	CHRIS SCHULTZ
M40	STUART GYNGELL	NSW	17.68m	2008	W40	CHRIS SCHULTZ
M45	STUART GYNGELL	NSW	17.69m	2010	W45	CHRIS SCHULTZ
M50	GEORGE MENCIK	ACT	13.48m	1987	W50	CHRIS SCHULTZ
M55	GRAEME ROSE	VIC	13.08m	2000	W55	HELEN SEARLE
M60	GEORGE MENCIK	ACT	13.69m	1994	W60	HELEN SEARLE
M65	JIM PERIDIS	NSW	12.68m	1993	W65	HELEN SEARLE
M70	**JIM PERIDIS	NSW	13.03m	1997	W70	HELEN SEARLE
M75	RUDI HOCHREITER	VIC	10.79m	2002	W75	HEATHER DOHERTY
M80	FELIKS JEKABSONS	QLD	#10.05m	2006		GWEN DAVIDSON
M85	FELIKS JEKABSONS	QLD	#9.10m	2008	W80	**RUTH FRITH
M90	VIC YOUNGER	VIC	4.69m(4kg)	2004		RAEMA MCMILLAN
					W85	RUTH FRITH
					W90	**RUTH FRITH
					W95	RUTH FRITH
					W100	RUTH FRITH
	HAMMER THROW		#M80+ 3kg from 2005			HAMMER THROW
M30	DAVID ALLAN	QLD	57.10m	2005	W30	KARYNE DI MARCO
M35	RUSSELL DEVINE	VIC	60.04m	2004	W35	PAM MATTHEWS
M40	HANS LOTZ	VIC	57.26m	1990	W40	JAYNE HARDY
M45	HANS LOTZ	VIC	56.14m	1997	W45	SHARON GIBBONS
M50	BOB WAGNER	QLD	51.93m	2007	W50	**MARJA PARVIAINEN
M55	**KEN READWIN	VIC	49.34m	1996	W55	MARJA PARVIAINEN
M60	GRAEME ROSE	VIC	47.56m	2008	W60	HELEN SEARLE
M65	WIM VAN WEENEN	VIC	48.32m	1997	W65	**HELEN SEARLE
M70	WIM VAN WEENEN	VIC	46.99m	2004	W70	HELEN SEARLE
M75	ROY FOLEY	VIC	43.10m	1992 *	W75	VAL WORRELL
						GWEN DAVIDSON
M80	FELIKS JEKABSONS	QLD	#30.82m	2006	W80	**GWEN DAVIDSON
M85	FELIKS JEKABSONS	QLD	#27.36m	2008	W85	RUTH FRITH
M90	VIC YOUNGER	VIC	9.73m(4kg)	2004	W90	**RUTH FRITH
					W95	RUTH FRITH
					* W100	RUTH FRITH
	JAVELIN THROW		#Old Centre of Gravity			JAVELIN THROW
M30	ANDREW CURREY	NSW	77.65m	2001	W30	LYNETTE SMITH
						MARY THOMAS
M35	MANFRED ROHKAMPER	VIC	#60.70m	1990	W35	JAYNE HARDY
						MARY THOMAS
M40	JOHN KAY	NSW	61.78m	2001	W40	JAYNE HARDY
						MARY THOMAS
M45	JOHN KAY	NSW	57.18m	2006	W45	JAYNE HARDY
						MARY THOMAS
M50	BOB BANENS	ACT	54.22m	2001	W50	YASHA WATKINS
						MARY THOMAS
M55	BOB BANENS	ACT	51.45m	2004	W55	**MARY THOMAS
M60	GRAEME ROSE	VIC	45.88m	2006	W60	MARY THOMAS
M65	GRAEME ROSE	VIC	41.08m	2009	W65	HEATHER DOHERTY
M70	**ERKKI SAARINEN	QLD	42.00m	2006	W70	**HEATHER DOHERTY
M75	ERKKI SAARINEN	QLD	34.83m	2011	W75	HEATHER DOHERTY
M80	**FRED O'CONNOR	NSW	28.72m	2005	W80	**RAEMA MCMILLAN
M85	KEVIN HOPKINS	NSW	21.32m	2004	W85	RUTH FRITH
M90	VIC YOUNGER	VIC	11.34m	2004	W90	RUTH FRITH
					W95	RUTH FRITH
					W100	RUTH FRITH
	WEIGHT THROW					WEIGHT THROW
M30	DAVID ALLAN	QLD	16.32m	2005	W30	**KARYNE DI MARCO
M35	**RUSSELL DEVINE	VIC	17.76m	2004	W35	JAYNE HARDY
M40	GRANT EDWARDS	ACT	15.79m	2005	W40	JAYNE HARDY
M45	BOB WAGNER	QLD	15.76m	2005	W45	**CHRIS SCHULTZ

M50	BOB WAGNER	QLD	19.64m	2007	W50	MARJA PARVIAINEN
M55	GRAEME ROSE	VIC	16.60m	2000	W55	HELEN SEARLE
M60	**GRAEME ROSE	VIC	19.03m	2006	W60	**HELEN SEARLE
M65	**WIM VAN WEENEN	VIC	18.57m	1997	W65	HELEN SEARLE
M70	WIM VAN WEENEN	VIC	16.79m	2004	W70	HELEN SEARLE
M75	RON SIMCOCK	NSW	14.81m	2011	W75	**VAL WORRELL
M80	ROY FOLEY	VIC	13.32m	1997	W80	GWEN DAVIDSON
M85	JOHN FRASER	VIC	11.56m	2001		RAEMA MCMILLAN
					W85	RUTH FRITH
					W90	**RUTH FRITH
					W95	RUTH FRITH
					W100	RUTH FRITH
WEIGHT PENTATHLON (2010 Scoring) #new specs from 2005					WEIGHT PENTATHLON (2010 Scoring) #new	
M30	YOHAN AMERASEKERA	VIC	2980	2004	W30	**BYRONY GLASS
M35	STUART GYNGELL	NSW	3611	2002	W35	JAYNE HARDY
M40	**STUART GYNGELL	NSW	3946	2006	W40	**JAYNE HARDY
M45	**STUART GYNGELL	NSW	4199	2009	W45	CHRIS SCHULTZ
M50	GRAEME ROSE	VIC	3979	1996	W50	MARJA PARVIAINEN
M55	GRAEME ROSE	VIC	4085	2001	W55	HELEN SEARLE
M60	**GRAEME ROSE	VIC	4242	2006	W60	**HELEN SEARLE
M65	**GRAEME ROSE	VIC	4325	2009	W65	**HELEN SEARLE
M70	COLIN MURRAYLEE	QLD	4146	1999	W70	HELEN SEARLE
M75	RON SIMCOCK	NSW	3981	2011	W75	**HEATHER DOHERTY
M80	FELIKS JEKABSONS	QLD	#3611	2006	W80	RAEMA MCMILLAN
M85	**FELIKS JEKABSONS	QLD	#3897	2008	W85	RUTH FRITH
					W90	RUTH FRITH
					W95	RUTH FRITH
					W100	RUTH FRITH
PENTATHLON w/DISCUS (2010 SCORING)					PENTATHLON w/SHOT from 2009	
M30	GEOFF GIBBONS	TAS	2938	2011	W30	MELISSA FOSTER
M35	CLAYTON TOMPKINS	NSW	*3719 3150	1988	W35	LYNETTE SMITH
M40	CLAYTON TOMPKINS	NSW	*3292 3069	1993	W40	LYNETTE SMITH
M45	JOHN GORDON	NSW	*3784 3513	1993	W45	DEBBIE LANCE
M50	KEN DANIELS	ACT	*3519 3209	1989	W50	ROBYN PRESTON
M55	**DON FRASER	ACT	*4101 3619	1994	W55	ADELE LUCAS
M60	QUENTIN ANTHONY	ACT	*4221 3617	1992	W60	**MARGARET TAYLOR
M65	MIKE JOHNSTON	VIC	*4142 3325	1991	W65	PEGGY MACLIVER
M70	MIKE JOHNSTON	VIC	*4269 3547	1993		PENTATHLON w/DISCUS (2010 SCORING)
M75	FRED O'CONNOR	NSW	*3139 3010	2001	W30	**LYNETTE SMITH
M80	**FRED O'CONNOR	NSW	*3456 3247	2004	W35	EILEEN HINDLE
M85	MAURICE DAUPHINET	QLD	2770	2011	W40	JAN HYNES
M90	PETER KENNEDY	WA	1359	2010	W45	CHRIS BATTERSBY
	* Original Scoring, otherwise 2010 scoring				W50	CHRIS BATTERSBY
					W55	MARGARET TAYLOR
					W60	PAT CARR
					W65	LYDIA WIDERA
					W70	GWEN DAVIDSON
					W80	**SHIRLEY BRASHER
						* Original Scoring, otherwise 2010 scoring
M30	WARREN EVANS	QLD	6352	2003		
M35	JASON BURT	QLD	4919	2009		
M40	ANDREW WHEELER	QLD	4165	2002		
M45	MATTHEW MUELL	ACT	5370	2008		HEPTATHLON (2010 SCORING)
M50	BRUCE BODSWORTH	QLD	4885	2004	W30	LEANNE MCMURDY
M55	NELSON VINEY	QLD	5192	2003	W35	JENNIFER BALDWIN
M60	GREG MAMALIS	NSW	5875	2003	W40	DEANN MAYFIELD
M65	**DON FRASER	ACT	6746	2005	W45	CHRISTINE BRIDLE
M70	**DON FRASER	ACT	6503	2009	W50	WILMA PERKINS
M75	FRANK PIETERS	QLD	3740	2004	W55	**WILMA PERKINS
M80	RAD LEOVIC	ACT	3806	2009		
M90	**VIC YOUNGER	VIC	3217	2003		
CHAMPION OF CHAMPIONS SPRINTS MEN					CHAMPION OF CHAMPIONS SPRINTS	
1987	FRED TURNER M45	NSW	12.57s	SYD	1987	WILMA PERKINS W35
1988	HARRY GATHERCOLE M80	VIC	12.3s (110)	BRIS	1988	KAREN ADAMS W35
1994	ROY FEARNALL M50	WA	11.26s	SYD	1994	MAVIS COLLINS W75
1998	MICK PIRIE M65	QLD	?	BRIS	1998	NOREEN PARISH W55
1999	REG AUSTIN M60	NSW	10.52s	CANB	1999	J. CASEY W50
2000	JEFF KING M35	ACT	10.94s	HOB	2000	M. REID W45
2001	REG AUSTIN M60	NSW	10.46s	SYD	2001	LYNNE CHOATE W45
						WILMA PERKINS W50
2002	JOHN WIGHT M55	QLD	10.63s	ADEL	2002	ANN COOPER W70
2003	PETER CROMBIE M55	NSW	10.50s	PERTH	2003	ANN COOPER W70
2004	DAVID CLIVE M67	WA	10.86s	MELB	2004	ANN COOPER W75
2005	JOHN COOPER M65	QLD	10.20s	BRIS	2005	WENDY SHEAVES/DORAN

2006	JOHN COOPER M66	QLD	10.42s	CANB	2006	ANN COOPER W77
2007	HUGH COOGAN M70	QLD	10.40s	HOB	2007	ANN COOPER W78
2008	NEVILLE MCINTYRE M65	NSW	10.56s	SYD	2008	GIANNA MOGENTALE W40
2009	NEVILLE MCINTYRE M66	NSW	10.54s	ADEL	2009	GIANNA MOGENTALE W45
2010	ROB MCDONALD M66	QLD	10.33s	PERTH	2010	GIANNA MOGENTALE W46
2011	HUGH COOGAN M75	QLD	10.49s	BRIS *	2011	GIANNA MOGENTALE W47
CHAMPION OF CHAMPIONS THROWS MEN					CHAMPION OF CHAMPIONS THROWS	
1999	P. O'BRIEN M30	ACT	73.06m (JAV)	ACT	1999	MARY THOMAS W50
2000	J. DAVIS M65	QLD	60.20m (DT)	HOB	2000	CHRIS SCHULTZ W45
2001	KEN READWIN M60	VIC	61.36m (HT)	SYD	2001	M. PARVIAINEN W55
2002	TED VICKERS M82	QLD	18.12m (SP)	ADEL	2002	MARY THOMAS W55
2003	BOB BANENS M50	ACT	20.37m (WT)	PERTH	2003	RAEMA MCMILLAN W75
2004	BOB WATSON M62	NSW	59.95m (JAV)	MELB	2004	MARY THOMAS W59
2005	WARREN EVANS	QLD	51.80m (DT)	BRIS	2005	LYNETTE SMITH W30
2006	GRAEME ROSE M60	VIC	59.19m (HT)	CANB	2006	TATIANA SUDARIKOVA
2007	STUART GYNGELL M40	NSW	20.77m (SP)	HOB	2007	LISA KIRSCH
2008	GRAEME ROSE M60	VIC	18.21m (WT)	SYD	2008	RAYLEA RUDOV
2009	ANDREW ATKINSON-HOWATT M50	NSW	59.73m (JAV)	ADEL	2009	MARY THOMAS W60
2010	MARK HAMILTON M39	WA	51.06m (DT)	PERTH	2010	RAEMA MCMILLAM W82
2011	PETER NEALE M43	VIC	47.64m (HT)	BRIS *	2011	JILL TAYLOR
ROYCE FOLEY TROPHY (Highest Points Winners in Weight Pentathlon - not to be won more than once in an age group)						
1996	GRAEME ROSE M50	VIC	4256	PERTH	1996	CHRIS SCHULTZ W45
1997	WIM VAN WEENEN M65	VIC	4516	MELB	1997	HEATHER DOHERTY W60
1998	TOM HANCOCK M60	VIC	4233	BRIS	1998	HELEN SEARLE W55
1999	COLIN MURRAYLEE M70	QLD	4484	CANB	1999	HEATHER DOHERTY W65
	GRAEME ROSE M55	VIC	4484	CANB		
2000	RAY GREEN M55	ACT	4070	HOB	2000	HELEN SEARLE W60
2001	BOB BANEN M50	ACT	4094	SYD	2001	RUTH FRITH W90
2002	WIM VAN WEENEN M70	VIC	4232	ADEL	2002	MARY THOMAS W55
2003	TOM HANCOCK M65	VIC	4295	PERTH	2003	GWEN DAVIDSON W80
2004	FELIKSS JEKABSONS M80	QLD	3985	MELB	2004	HEATHER DOHERTY W70
2005	COLIN MURRAYLEE M75	QLD	4272	BRIS	2005	RUTH FRITH W95
2006	GRAEME ROSE M60	VIC	4538	CANB	2006	HELEN SEARLE W65
2007	KEITH JAMES M65	NSW	4027	HOB	2007	JAN BANENS W65
2008	FELIKS JEKABSONS M85	QLD	4505	SYD	2008	JAYNE HARDY W45
2009	GRAEME ROSE M65	VIC	4766	ADEL	2009	HEATHER DOHERTY W75
2010	RAY GREEN M65	ACT	4126	PERTH	2010	RUTH FRITH W100
BRIAN FOLEY AWARD (Best Age-Graded 800m/1500m Performance)						
2009	DAVID CARR M76	WA	95.99%	ADEL		
2010	LIVINIA PETRIE W66	VIC	95.73%	PERTH		
Location of Australian Championships:						
	Melbourne	1973				Adelaide
	Sydney	1974				Sydney
	Adelaide	1975				Townsville
	Brisbane	1976				Perth
	Perth	1977				Melbourne
	Melbourne	1978				Brisbane
	Sydney	1979				Canberra
	Adelaide	1980				Hobart
	Brisbane	1981				Bankstown
	Perth	1982				Adelaide
	Melbourne	1983				Perth
	Canberra	1984				Melbourne
	Hobart	1985				Brisbane
	Adelaide	1986				Canberra
	Sydney	1987				Hobart
	Brisbane	1988				Blacktown
	Perth	1989				Adelaide
	Melbourne	1990				Perth
	Canberra	1991				Brisbane
	Hobart	1992				Melbourne
Compiled by Clyde Riddoch, AMA Records Officer, 5/1236-1238 Old Burke Road, Kew East Vic 3102						
Tel 03 9859 9855, Mobile 0439 902 907, Email clyderiddoch@msn.com						

**also Aust Record		
STATE	TIME	YEAR
	WOMEN	
QLD	7.95s	2011
NSW	8.05s	2008
NSW	7.86s	2007
QLD	7.75s	2011
QLD	8.54s	2011
WA	9.04s	2009
QLD	9.25s	2011
WA	9.43s	2010
QLD	10.00s	2008
SA	10.23s	2007
ACT	13.22s	2009
NSW	12.31s	1981
VIC	12.44s	1981
NSW	12.37s	2007
QLD	12.55s	2011
NSW	12.64s	2011
WA	13.99s	2010
SA	14.40s	1990
QLD	14.7s	1987
QLD	16.14s	2008
SA	16.09s	2005
NSW	20.2s	1990
VIC	34.60s	2006
NSW	24.74s	1999
NSW	25.43s	2006
QLD	25.14s	2008
VIC	25.21s	2011
NSW	26.4s	1995
QLD	28.64s	2005
SA	29.8s	1991
QLD	31.40s	2011
SA	33.81s	2002
SA	34.72s	2005
TAS	49.20s	2008
VIC	77.10s	2006
NSW	55.5s	1996
NSW	57.41s	1999
VIC	57.0s	1983
VIC	58.6s	1996
NSW	59.5s	1995
WA	64.68s	2005
NSW	67.37s	2005
QLD	72.23s	2011
SA	84.63s	2008
SA	104m 34s	2002
TAS	2m 06.15s	2009
VIC	2m 51.21s	2006
SA	2m 14.3s	1986
VIC	2m 14.2s	1986
TAS	2m 10.48s	2010
VIC	2m 17.2s	1996
QLD	2m 18.07s	2005
WA	2m 31.66s	2005
VIC	2m 41.20s	2003
VIC	3m 00.09s	2010
TAS	3m 23.89s	1997
SA	4m 05.10s	2002
TAS	4m 46.97s	2007
VIC	6m 35.91s	2006

NSW	4m 43s	1983
SA	4m 30.16s	1993
VIC	4m 31.8s	1983
VIC	4m 47.7s	1986
QLD	4m 49.04s	2004
VIC	5m 15.7s	1985
VIC	5m 36s	1990
VIC	6m 00.40s	2011
WA	6m 38.71s	2011
SA	8m 06.78s	2002
TAS	9m 34.52s	2007

NSW	17m 03.13s	2008
SA	16m 42.74s	1994
QLD	17m 05.51s	2007
VIC	17m 33.3s	1986
VIC	17m 44.75s	2002
VIC	18m 52.64s	2007
VIC	19m 58.73s	2004
VIC	21m 09.72s	2010
VIC	23m 21.4s	2000
VIC	27m 56.65s	2005

NSW	35m 07.4s	2008
SA	35m 39s	1983
VIC	35m 41s	1983
VIC	36m 06.26s	2001
VIC	38m 00.32s	1992
VIC	37m 50.93	2007
VIC	42m 06.09s	2004
VIC	44m 07.82s	2010
VIC	49m 30.43s	2000
VIC	59m 06.37s	2005

ACT	2h 50m 29s	1992
ACT	2h 32m 57s	1994
NSW	2h 44m 16s	1997
SA	2h 43m 45s	1995
SA	2h 49m 42s	1997
TAS	3h 18m 09s	2002
NSW	3h 20m 28s	1993
ACT	4h 32m 32s	2008
NSW	4h 57m 44s	2001
NSW	5h 29m 40s	2006

	new height	30"
NSW	7m 24.74s	2007
NSW	7m 33.68s	2009
ACT	7m 17.61s	2001
WA	8m 05.4s	1996
VIC	8m 34.25s	2001
WA	8m 23.96s	2003
VIC	9m 55.59s	2010
SA	10m 45.45s	2011
TAS	11m 24.25s	2000

.840m/2'9"		
WA	14.67s	1983
WA	14.7s	1984

.762m/2'6"		
WA	11.8s	1989
QLD	12.72s	2007
NSW	12.86s	2011

SA	14.53s	1994
.686m/2'3" from 2000		
ACT	14.63s	2011
NSW	18.78s	1994
VIC	22.27s	2005
.762m/2'6"		
NSW	61.6s	1996
QLD	66.51s	2005
NSW	64.97s	2001
QLD	64.09s	1994
.762m/2'6"		
VIC	53.79s	2011
TAS	58.1s	1999
.686m/2'3" from 2000		
NSW	54.87s	2005
ACT	67.37s	2007
VIC	7m 58.30s	2010
VIC	6m 54.84s	2010
NSW	8m 03.81s	2011
ACT	7m 26.45s	2011
VIC	7m 04.54s	2010
VIC	8m 23.75s	2011
VIC	7m 21.20s	2010
VIC	8m 47.79s	2010
VIC	12m 25s	2011
WA	10m 57.92s	2010
QLD	11m 32.7s	2011
ACT	25m 46.9s	1988
NSW	23m 46s	2001
WA	23m 55.5s	2001
WA	23m 51.03s	2006
WA	23m 37.78s	2007
VIC	26m 01.40s	2007
VIC	26m 29.26s	2010
VIC	27m 51.04s	2006
TAS	29m 42.75s	2000
VIC	35m 31.62s	2007
VIC	39m 04s	1990
QLD	39m 04.68s	2011
Records)		
ACT	47m 39s	1991
NSW	49m 49s	2001
WA	47m 25s	2001
WA	48m 34s	2006
WA	48m 27s	2007
VIC	54m 33m	2007
VIC	54m 12s	2010
VIC	56m 53s	2006
TAS	62m 31s	2000
QLD	74m 53s	2005
QLD	74m 53s	2007
VIC	77m 35s	1990
Records)		
VIC	2hv 08m 27s	2007

VIC	32.35m	2006
QLD	31.78m	1994
QLD	30.74m	1999
QLD	25.30m	2005
QLD	#22.09m	2009
VIC	18.99m(1kg)	1999
VIC	15.05m(1kg)	2007
WA	#15.59m	2010
NSW	13.34m(1kg)	1998
NSW	12.10m(1kg)	2000
QLD	#10.29m	2005
QLD	#8.14m	2010
#W75+ 2kg from 2005		
VIC	14.98m	1984
VIC	14.67m	1988
VIC	13.22m	1991
VIC	13.16m	1996
VIC	12.96m	1992
NSW	12.00m	1999
NSW	12.05m	2000
QLD	11.41m	2005
QLD	9.67m	2010
QLD	#8.20m	2009
VIC	6.62m(3kg)	1999
NSW	6.93m(3kg)	1994
WA	#7.03m	2010
NSW	5.52m(3kg)	1999
NSW	5.37m(3kg)	2001
QLD	#5.04m	2006
QLD	#4.37m	2010
#W75+ 2kg from 2005		
NSW	59.27m	2008
VIC	47.16m	1993
ACT	45.58m	2004
ACT	43.10m	2004
NSW	51.73m	1998
NSW	50.56m	2000
QLD	42.85m	2002
QLD	41.41m	2006
QLD	32.51m	2010
VIC	#27.53m	2011
VIC	22.92m(3kg)	1999
VIC	23.12m(3kg)	2006
NSW	13.36m(3kg)	1999
NSW	13.13m(3kg)	2000
QLD	#12.93m	2005
QLD	#10.87m	2011
#Old Centre of Gravity		
NSW	38.88m	2005
NSW	#45.78m	1979
ACT	41.28m	2000
NSW	#44.20m	1981
ACT	38.44m	2003
NSW	#41.94m	1985
ACT	36.38m	2008
NSW	#39.38m	1990
QLD	32.20m(500g)	2006
NSW	#46.75m(400g)	1998
NSW	39.17m(500g)	2001
NSW	32.72m	2008
QLD	30.52m	1999
QLD	26.14m	2006
QLD	19.00m	2009
WA	15.34m	2010
NSW	9.96m	1998
NSW	9.64m	2002
QLD	7.70m	2005
QLD	5.90m	2010
#W75+ 4kg from 2005		
NSW	18.57m	2008
ACT	13.56m	2002
ACT	13.70m	2003
VIC	13.57m	1997

NSW	16.42m	1999
NSW	14.59m	1999
NSW	17.52m	2000
QLD	16.10m	2006
QLD	11.95m	2010
VIC	#11.57m	2010
VIC	8.76m	2006
WA	#9.13m	2010
NSW	6.07m	1999
NSW	6.19m	2001
QLD	#6.00m	2005
QLD	#4.72m	2010
specs from 2005		
WA	3831	2009
ACT	3584	2002
ACT	3929	2003
VIC	4160	1996
NSW	4252	1998
NSW	4213	1998
NSW	4789	2000
QLD	4939	2005
QLD	4572	2010
QLD	#4053	2009
WA	#3862	2010
NSW	4489	1998
NSW	4337	2000
QLD	#4539	2006
QLD	#5426	2010
QLD	2172	2011
NSW	2754	2009
NSW	2838	2011
TAS	3015	2009
QLD	2544	2011
TAS	2825	2010
ACT	3699	2009
WA	3858	2010
NG)		
NSW	3255	2005
WA	*3014 2787	1987
QLD	*3501 3357	1988
VIC	*3422 3162	1991
VIC	*3490 3292	1994
ACT	2922	2003
WA	*3118 2743	1994
VIC	*3527 3129	1991
VIC	*2798 3054	1993
TAS	2510	2008
g		
QLD	3192	2003
VIC	3945	2002
QLD	3910	2003
VIC	3839	2003
QLD	4406	2003
QLD	5200	2005
WOMEN		
QLD	13.07s	SYD
NSW	11.9s (110)	BRIS
QLD	11.46s	SYD
NSW	?	BRIS
NSW	12.14s	CANB
ACT	11.13s	HOB
WA	11.8sh	PERTH
QLD	11.8sh	SYD
SA	11.63s	ADEL
SA	11.64s	PERTH
SA	11.81s	MELB
QLD	12.11s	BRIS

SA	11.23m	CANB
SA	11.03s	HOB
NSW	11.68s	SYD
NSW	11.80s	ADEL
NSW	11.29s	PERTH
NSW	11.56s	BRIS
WOMEN		
NSW	55.65 (JAV)	CANB
VIC	50.02 (DT)	HOB
NSW	60.65m (HT)	NSW
NSW	15.99m (SP)	ADEL
WA	20.72m (WT)	PERTH
NSW	50.80m (JAV)	MELB
NSW	48.21m (DT)	BRIS
NSW	51.34m (HT)	CANB
TAS	20.82m (SP)	HOB
ACT	13.33m (WT)	SYD
NSW	55.03m (JAV)	ADEL
WA	53.44m (DT)	PERTH
NSW	35.94m (HT)	
Group)		
VIC	4464	PERTH
QLD	4272	MELB
NSW	4337	BRIS
QLD	4587	CANB
NSW	5022	HOB
NSW	4215	SYD
NSW	4118	ADEL
VIC	4257	PERTH
QLD	4571	MELB
QLD	7380	BRIS
QLD	5145	CANB
ACT	4363	HOB
ACT	4394	SYD
QLD	4986	ADEL
QLD	11169	PERTH
1993		
1994		
1995		
1996		
1997		
1998		
1999		
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2011		
2012		