

DECLARATION

1. I, the undersigned, in consideration of and as a condition of my entry in this event for myself, my heirs, executors and administrators, hereby waive all and any claim, right or cause of action which I or they might otherwise have for or arising out of loss of my life or injury, damage or loss of any description whatsoever which I may suffer or sustain in the course of or consequent upon my entry or participation in this event.
2. This waiver release of discharge shall operate in favour of the ACT Veterans Athletic Club Inc., and any other organising club or clubs, all officers, members and employees of the Australian Federal Police and all race sponsors and shall so operate whether the damage or cause is due to any act or neglect of any of them.
3. I have trained for this event, have no medical impairment, which may be detrimental to my health, and will withdraw from the event if I suffer a viral complaint during the last seven days of the race.

NOTE:

Please read the whole form carefully, fill in the relevant details and mail with the appropriate remittance to, the Race Secretary, P.O. Box 482, Jamieson, A.C.T. 2614

Signature:

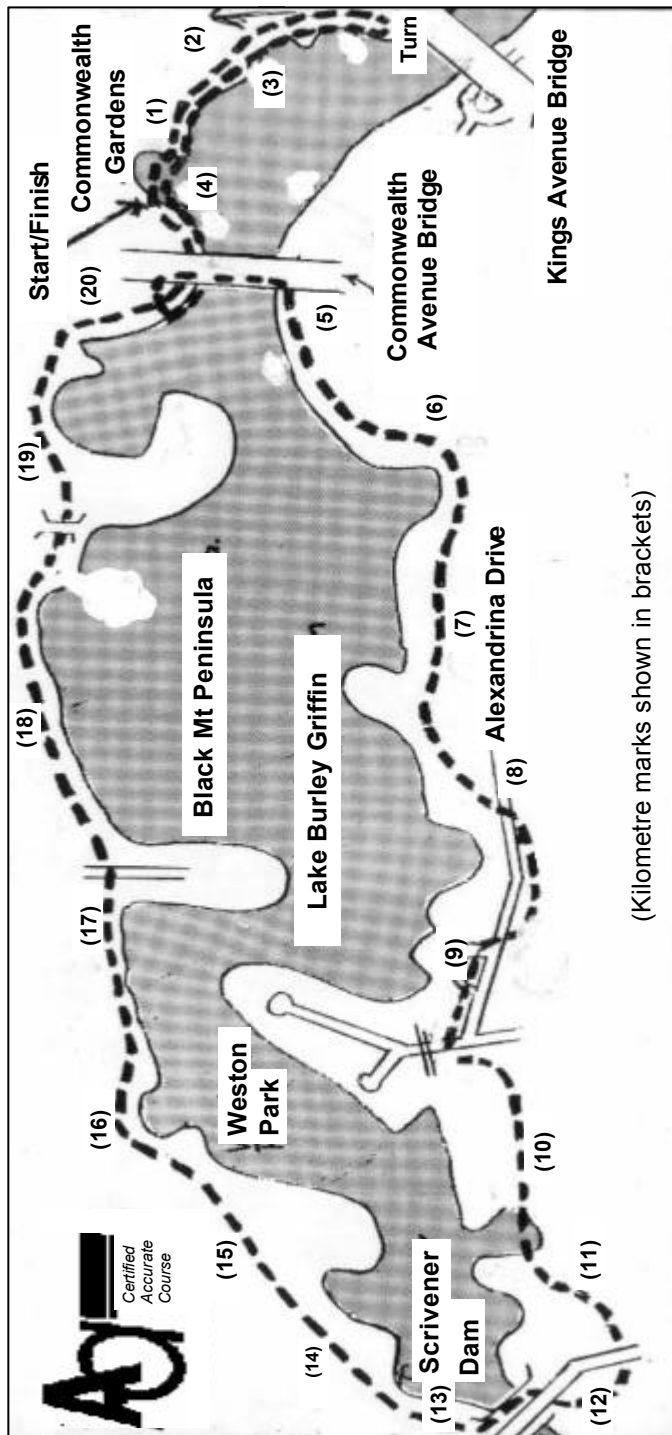
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IMPORTANT NOTE FOR NON-MEMBERS OF ACTVAC INC.
 (A requirement for Public Liability Insurance)

I apply for Day Membership of ACTVAC Inc

Signature.

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THE RUNNERS SHOP — NEW BALANCE



ACT VETERANS ATHLETIC CLUB INC

29th Annual Half Marathon

“A Half Marathon especially for VETS organised by VETS” by the ACT Veterans Athletic Club Inc

Restricted to Men and Women aged 30 and over

Unique Triple Start — Three individual Start Times:

- 8am — (Blue)** For runners who will take two hours or more.
- 8.30am — (Red)** For runners who will take between 100 and 120 minutes.
- 9am — (Yellow)** For runners who can run the course in less than 100 minutes.

Sunday, August 22, 2010

STARTS AND FINISHES AT STAGE 88 IN COMMONWEALTH PARK

A safe and picturesque course all on recreation paths around Lake Burley Griffin

